

ACES in Elmira – Fall 2017

Adult Children Empowering Seniors

Concerned about a Senior?

Gain **RESOURCES** and **STRATEGIES** to help empower the Seniors you love & to find greater peace-of-mind for yourself!

FREE PRESENTATIONS

Being held at

Elmira Community Center

(Former JCC Building, off Water St.)

Lower Grandview Extension, Elmira, NY

6:00-7:00 p.m.



Wednesday, September 20

Asset Protection and Advanced Directives

Are your legal affairs in order? John W. Maloney, Esq. will explain how to protect your assets from nursing care costs and put your Advanced Directives (i.e., wills, powers of attorney, health care proxies) in order.

Wednesday, October 3

The Basics: Understanding Alzheimer's Disease

Alzheimer's disease is not a normal part of aging. If Alzheimer's disease or dementia affects you or someone you know, it's time to learn the facts. This program presented by the Alzheimer's Association will provide information on detection, causes, risk factors, stages of the disease, treatment, and much more!

Wednesday, October 18

Gaining Access to Needed Services and Resources

You do not have to manage things on your own! Kim Salisbury from the Chemung County Department of Aging and Long Term Care will explain the wealth of free services, resources, and guidance available to us all.

QUESTIONS? CALL Sue Gruber (607) 333-4313